

Topic: Sexuality and Relationships

June 2007

This monthly publication is designed to inform you of resources the NLLIC has to offer on a chosen topic. Please feel free to distribute to those who may find this useful. We also welcome your comments and topic suggestions! Contact us via e-mail at library@amputee-coalition.org.

Resource Types:

Books
ACA Articles: Including *inMotion*
Articles
Additional GLBT Resources
ACA Publications
PubMed® Abstracts
Online Dating Sites

Library OPAC



Find other related resources by searching the NLLIC OPAC. Note that this is just a sampling of items found in the OPAC.

Books

The Amputee's Guide to Sex / Jillian Weise. Brooklyn, NY: Soft Skull Press, c2007. ISBN 1-933368-52-7. This collection from poet Jillian Weise "artfully interweaves biographical details with meditations on the history of disability and sex, laying bare the complexities of finding sexual and emotional intimacy as an amputee with a prosthetic leg."

Challenged by Amputation: Embracing a New Life / Carol S. Wallace. Carmichael, CA: Inclusion Concepts, c1995. ISBN 0-9646639-0-2. This book can aid a patient during the process of adjusting to an amputation. It not only dedicates chapters to important issues that come up after the actual surgery, such as sexuality and relationships, but it also prepares the patient for an amputation ahead of time.

Enabling Romance: A Guide to Love, Sex, and Relationships for People With Disabilities (And the People Who Care About Them) / Ken Kroll & Erica Levy Klein; illustrations by Mark Langeneckert. Horsham, PA: No Limits Communications, c2001. ISBN 0-9712842-0-2. This book is an illustrated guide to intimacy and sexual expression for more than 56 million Americans with disabilities. Written by a husband and wife team, one of whom has a disability, this book celebrates the desire for love and intimacy.

Life on Wheels: For the Active Wheelchair User / Gary Karp. Beijing ; Sebastopol, CA : O'Reilly, c1999. ISBN 1-56592-253-0. This book talks about most of the issues that come up when becoming a wheelchair user. The topics include rehabilitation, medical concerns, staying healthy, the experience of disability, wheelchair selection, home access, intimacy, sex and having children. The book also includes resources, and a very good bibliography.

The Novel Approach to Sexuality and Disability / by Georgie Maxfield. Sparks, Nev.: Northern Nevada Amputee Support Group, c1996. In this work of fiction, Glory Fields and friends explore disability and its effects on sexual relationships from the bizarre to daily living.

One-handed in a Two-Handed World: The Step-by-Step Guide to Managing Single-Handedly / Tommye-Karen Mayer. ISBN 0-9652805-1-9. This book provides hands-on advice on almost any aspect of mastering everyday life single handedly. The topics include personal care, dressing, eating, dining out, cooking, cleaning up, office work, traveling, household repairs, outside home, leisure activities, sports, and sexuality.

The Ultimate Guide to Sex and Disability: For All of Us Who Live With Disabilities, Chronic Pain, and Illness / by Miriam Kaufman, Cory Silverberg, and Fran Odette; illustrated by Fiona Smyth. 1st ed. San Francisco: Cleis Press, c2003. ISBN 1-57344-176-7. This book discusses myths about disability and sexuality, desire and self-esteem, sexual anatomy and sexual response, communication, technique and much more. Includes information for amputees.

 [Back to Top](#)

ACA Articles: Including *inMotion* Articles

Altered States: Our Body Image, Relationships and Sexuality / by Sandra Houston. Knoxville, TN: Amputee Coalition of America, 2005. Article from *inMotion*, January / February 2005. A psychologist who specializes in marriage and sex therapy, and who is an amputee, discusses how body image and self-perception impacts relationships with others, especially intimate relationships.

http://www.amputee-coalition.org/inmotion/jan_feb_06/altered_states.html

http://www.amputee-coalition.org/inmotion/jan_feb_06/altered_states.pdf

Spanish: http://www.amputee-coalition.org/spanish/inmotion/jan_feb_06/altered_states.html

Spanish: http://www.amputee-coalition.org/spanish/inmotion/jan_feb_06/altered_states.pdf

Alternatives: Life Without Artificial Limbs: Relationships: The Perfect Match / Jan Garrett. Knoxville, TN: Amputee Coalition of America, 1998. Article from *inMotion*, November / December 1998. Jan Garrett, JD, discusses how the support of her family was a solid foundation for future relationships.

http://www.amputee-coalition.org/inmotion/nov_dec_98/altern.html

Bridging the Gap Between Venus & Mars / by Charlene Whelan. Knoxville, TN: Amputee Coalition of America, 2007. Article from *inMotion*, May / June 2007. This article contemplates the physical and emotional similarities and differences between men and women. Understanding one another's emotional expression, body image, and concept of normality, we can begin to bridge the gap.

http://www.amputee-coalition.org/inmotion/may_jun_07/venus_mars.html

http://www.amputee-coalition.org/inmotion/may_jun_07/venus_mars.pdf

Cyber Dating / by Bill Dupes. Knoxville, TN: Amputee Coalition of America, 2007. Article from *inMotion*, May / June 2007. The cyberspace community facilitates an embarrassment-free opportunity for people with disabilities to express themselves, make friends, and hopefully find a partner for life.

http://www.amputee-coalition.org/inmotion/may_jun_07/cyberdating.html

http://www.amputee-coalition.org/inmotion/may_jun_07/cyberdating.pdf

Swept Off Your Feet / John P. Foppe. Knoxville, TN: Amputee Coalition of America, 2006. Article from *inMotion*, January / February 2006. John Foppe is motivational speaker, disability coach, and was born without arms. In this article, Foppe discusses how he overcame his own emotional barriers and fear of rejection to date. He tells the reader how he and his wife met and started their relationship.

http://www.amputee-coalition.org/inmotion/jan_feb_06/swept_off_your_feet.html

http://www.amputee-coalition.org/inmotion/jan_feb_06/swept_off_your_feet.pdf

Spanish: http://www.amputee-coalition.org/spanish/inmotion/jan_feb_06/swept_off_your_feet.html

Spanish: http://www.amputee-coalition.org/spanish/inmotion/jan_feb_06/swept_off_your_feet.pdf

Additional GLBT Resources

Queers on Wheels: The Essential Guide for the Physically Disabled GLBTQ Community / by Eva Sweeney; illustrations by Teresa Tunaley. Pasadena, Calif.: **Queers on Wheels**, c2004. This book includes information about how to hire open-minded and GLBT friendly aides, maintaining a good relationship with aides, adaptive sex and much more information that is not readily available to this community.

The Sexual Lives of Lesbian, Gay, and Bisexual People With Disabilities: Psychological Perspectives- Abstract. Sexuality Research and Social Policy: Journal of NSRC- March 2007, Vol. 4, No. 1, Pages 15-26 <http://caliber.ucpress.net/doi/abs/10.1525/srsp.2007.4.1.15>

Top Ten Issues to Discuss With Your Healthcare Provider- from the Gay & Lesbian Medical Association. <http://www.glma.org/index.cfm?fuseaction=Page.viewPage&pageId=586&parentID=533&nodeID=1>

 [Back to Top](#)

ACA Publications

First Step: A Guide for Adapting to Limb Loss. A publication of the National Limb Loss Information Center. Knoxville, TN: Amputee Coalition of America, 2005. This is the essential guide for all people who are coping with the challenges of limb loss. *First Step* offers readers reliable information on consumer issues that have been raised time and time again by amputees attempting to make educated choices, get better services or decide on available options. Also available in Spanish.

<http://www.amputee-coalition.org>

inMotion. A publication of the Amputee Coalition of America. Knoxville, TN: Amputee Coalition of America. *inMotion* is published bimonthly for amputees, caregivers and healthcare professionals, providing timely and important information on a wide variety of topics.

<http://www.amputee-coalition.org>

 [Back to Top](#)

PubMed© Abstracts

Sexuality in Persons With Limb Amputation: A Meaningful Discussion of Re-Integration / M. Ide. Citation to the article: Disability and Rehabilitation. 2004 Jul 22-Aug 5; 26(14-15):939-43.

http://www.ncbi.nlm.nih.gov/sites/entrez?db=pubmed&cmd=Retrieve&dopt=AbstractPlus&list_uids=15497925&query_hl=10&itool=pubmed_DocSum

Sexuality in Persons with Limb Amputation / M. Ide, T. Watanabe, T. Toyonaga. Citation to the article: Prosthetics and Orthotics International. 2002 Dec; 26(3):189-94.

http://www.ncbi.nlm.nih.gov/sites/entrez?db=pubmed&cmd=Retrieve&dopt=AbstractPlus&list_uids=12562065&query_hl=10&itool=pubmed_DocSum

The Cancer Amputee and Sexuality / J.A. Shell, M.E. Miller. Citation to the article: Orthopaedic Nursing. 1999 Sep-Oct;18(5):53-7, 62-4.

http://www.ncbi.nlm.nih.gov/sites/entrez?db=pubmed&cmd=Retrieve&dopt=AbstractPlus&list_uids=11052052&query_hl=10&itool=pubmed_DocSum

Sexual Adjustment After Lower Extremity Amputation / L. Reinstein, J. Ashley, K.H. Miller. Citation to the article: Archives of Physical Medicine Rehabilitation. 1978 Nov;59(11):501-4. <http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&Cmd=ShowDetailView&TermToSearch=727936&ordinalpos=1>

 [Back to Top](#)

Online Dating Sites

Dating4Disabled - <http://www.dating4disabled.com/>

Lovebyrd - <http://www.lovebyrd.com/>

Soulful Encounters – <http://www.soulfulencounters.com>

Special Singles Online - <http://www.specialsinglesonline.com>

© [Amputee Coalition of America](#). All rights reserved.

All trademarks and service marks contained herein are property of their respective owners.

Amputee Coalition of America · 900 East Hill Avenue, Suite 205 · Knoxville, Tennessee 37915-2566
Toll-Free: 1-888/AMP-KNOW · TTY: 865/525-4512 · Knoxville: 865/524-8772 · Fax: 865/525-7917