

## Topic: Foot and Wound Care

**April 2006**

This monthly publication is designed to inform you of resources the NLLIC has to offer on a chosen topic. Please feel free to distribute to those who may find this useful. We also welcome your comments and topic suggestions! Contact us via e-mail at [library@amputee-coalition.org](mailto:library@amputee-coalition.org).

### Resource Types:

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[First Step and inMotion articles](#)

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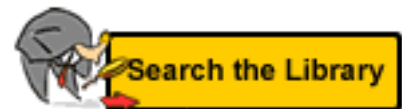
[Articles on Research including](#)

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### Library OPAC

[http://www.amputee-coalition.org/nllic\\_library.html](http://www.amputee-coalition.org/nllic_library.html)



Find other related resources by searching the NLLIC OPAC. Note that this is just a sampling of items found in the OPAC.

### Books

**101 Foot Care Tips for People with Diabetes** / Jessie H. Ahroni. Alexandria, VA: American Diabetes Association, c2000. ISBN 1-58040-040-X. This book is indispensable for people with diabetes. If you have diabetes, you are susceptible to poor circulation and nerve damage. And when nerve damage hits, you lose the feeling in your feet. Foot care may sound simple, but it takes dedication and practice. This book gives you 101 detailed ways to help you get started and has great advice for all people with Type 1 and 2 diabetes.

**The Diabetic Foot: Medical and Surgical Management** / edited by Aristidis Veves, John M. Giurini, and Frank W. LoGerfo. Totowa, NJ: Humana Press, c2002. ISBN 0-89603-925-0. Highlighted are the many emerging treatments that will affect diabetic foot care in the years ahead, including a new understanding of wound-healing pathophysiology and the recent introduction of growth factors and living skin equivalents.

**Feet Can Last a Lifetime: A Health Care Provider's Guide To Preventing Diabetes Foot Problems** / National Diabetes Education Program. Bethesda, MD: National Diabetes Education Program, c2000. This resource is designed for primary care and other healthcare providers who counsel people with diabetes about preventive healthcare practices, particularly foot care. *Feet Can Last a Lifetime* is designed to help implement four basic steps for preventive foot care in a primary care practice.  
<http://www.ndep.nih.gov/resources/feet/index.htm>

**The Uncomplicated Guide to Diabetes Complications** / edited by Marvin E. Levin and Michael A. Pfeifer. 2nd ed. Alexandria, VA: American Diabetes Association, c2002. ISBN 1-58040-133-3. This guide includes a large listing of diabetes complications and ways to prevent and treat them. Complications covered include: eye disease and blindness, skin and dental problems, feet and amputations, stroke, gastrointestinal problems, heart disease, sexual concerns, kidney disease, neuropathy, and psychosocial complications.

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## ***First Step and inMotion* Articles**

**“Ask the Podiatrist”** / Neil M. Scheffler. Knoxville, TN: Amputee Coalition of America, 2005. *inMotion*, July / August 2005. In this article, our resident podiatrist answers questions about podiatry, foot care for those with peripheral vascular disease and diabetes, preventing additional amputations, and a new wound-healing technology.  
[http://www.amputee-coalition.org/inmotion/jul\\_aug\\_05/ask\\_podiatrist.html](http://www.amputee-coalition.org/inmotion/jul_aug_05/ask_podiatrist.html)  
[http://www.amputee-coalition.org/inmotion/jul\\_aug\\_05/ask\\_podiatrist.pdf](http://www.amputee-coalition.org/inmotion/jul_aug_05/ask_podiatrist.pdf)  
[http://www.amputee-coalition.org/spanish/inmotion/jul\\_aug\\_05/ask\\_podiatrist\\_spa.html](http://www.amputee-coalition.org/spanish/inmotion/jul_aug_05/ask_podiatrist_spa.html)  
[http://www.amputee-coalition.org/spanish/inmotion/jul\\_aug\\_05/ask\\_podiatrist\\_spa.pdf](http://www.amputee-coalition.org/spanish/inmotion/jul_aug_05/ask_podiatrist_spa.pdf)

**“Cornerstones of Good Diabetes Care: A Look at the Role of Pharmacy, Podiatry, Optometry, and Dentistry in the Lives of People With Diabetes”** / Knoxville, TN: Amputee Coalition of America, 2002. *inMotion*, January / February 2002. This is a series of articles that looks at different aspects of care for people with diabetes, including the article, “Even With Diabetes, Feet Can Last a Lifetime.”  
[http://www.amputee-coalition.org/inmotion/jan\\_feb\\_02/diabetes.html](http://www.amputee-coalition.org/inmotion/jan_feb_02/diabetes.html)  
[http://www.amputee-coalition.org/inmotion/jan\\_feb\\_02/diabetes.pdf](http://www.amputee-coalition.org/inmotion/jan_feb_02/diabetes.pdf)

**“Improving Foot Care for People With Diabetes: Barriers to Amputation”** / Lee J. Sanders. Knoxville, TN: Amputee Coalition of America, c2001. *inMotion*, March / April 2001. Successfully preventing diabetes-related lower-extremity amputations (LEAs) requires a broad-based, collegial, team approach that stresses the key role of the informed patient and a knowledgeable healthcare team.

[http://www.amputee-coalition.org/inmotion/mar\\_apr\\_01/footcare.html](http://www.amputee-coalition.org/inmotion/mar_apr_01/footcare.html)

[http://www.amputee-coalition.org/inmotion/mar\\_apr\\_01/footcare.pdf](http://www.amputee-coalition.org/inmotion/mar_apr_01/footcare.pdf)

[http://www.amputee-coalition.org/spanish/inmotion/mar\\_apr\\_01/footcare.html](http://www.amputee-coalition.org/spanish/inmotion/mar_apr_01/footcare.html)

[http://www.amputee-coalition.org/spanish/inmotion/mar\\_apr\\_01/footcare.pdf](http://www.amputee-coalition.org/spanish/inmotion/mar_apr_01/footcare.pdf)

**“Precautions Help Save the Other Foot”** / John H. Bowker. Knoxville, TN: Amputee Coalition of America, 1996. *inMotion*, April / May 1996. For vascular disease, the focus should be on protective measures. In this article, John H. Bowker, MD, discusses what those measures should include.

[http://www.amputee-coalition.org/inmotion/apr\\_may\\_96/other\\_foot.html](http://www.amputee-coalition.org/inmotion/apr_may_96/other_foot.html)

[http://www.amputee-coalition.org/inmotion/apr\\_may\\_96/other\\_foot.pdf](http://www.amputee-coalition.org/inmotion/apr_may_96/other_foot.pdf)

**“Prosthetic Primer: Charcot Neuropathic Arthropathy”** / Mihir M. Jani and Jeffrey E. Johnson. Knoxville, TN: Amputee Coalition of America, c2002. *inMotion*, January / February 2002. Charcot neuropathic arthropathy is a progressive destruction of bone and joints, which is usually caused by unrecognized injury and occurs in people who have peripheral neuropathy. Peripheral neuropathy is a disorder of nerves that results in the loss of protective sensation in the feet, and often the hands, which prevents an individual from detecting foot injury. Neuropathy may have many causes, but it occurs most commonly in people with diabetes mellitus and in those who abuse alcohol. This article looks at prevention and treatment.

[http://www.amputee-coalition.org/inmotion/jan\\_feb\\_02/primer.html](http://www.amputee-coalition.org/inmotion/jan_feb_02/primer.html)

[http://www.amputee-coalition.org/inmotion/jan\\_feb\\_02/primer.pdf](http://www.amputee-coalition.org/inmotion/jan_feb_02/primer.pdf)

**“Wound Treatment Centers Offer Treatment for Nonhealing Wounds”** / Abbey Smith. Knoxville, TN: Amputee Coalition of America, 2003. *inMotion*, March / April 2003. For people who have diabetes and do not take proper care of their bodies, serious medical complications can occur. In addition to strokes, heart disease and blindness, people with diabetes can develop nonhealing wounds as a result of poor circulation, which makes them prone to developing infection. This article looks at the emergence of wound healing centers, where individuals can receive treatment for such wounds.

[http://www.amputee-coalition.org/inmotion/mar\\_apr\\_03/wound.html](http://www.amputee-coalition.org/inmotion/mar_apr_03/wound.html)

[http://www.amputee-coalition.org/inmotion/mar\\_apr\\_03/wound.pdf](http://www.amputee-coalition.org/inmotion/mar_apr_03/wound.pdf)

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## Fact Sheets

NLLIC/ACA Fact Sheet: *Peripheral Arterial Disease (PAD) and Limb Loss* / NLLIC Staff. Revised 2004 ed. Knoxville, TN: Amputee Coalition of America, 2002. Peripheral arterial disease (PAD) is a form of atherosclerosis (hardening of the arteries) in which

fatty substances build up inside the artery walls over time and create an obstruction that restricts proper blood flow. It can result in blockages in arteries of the brain, arms, kidneys, and legs. Diabetes is a major cause of PAD. This fact sheet looks at the frequency, risks and prevention of PAD.

[http://www.amputee-coalition.org/fact\\_sheets/dysvascular.html](http://www.amputee-coalition.org/fact_sheets/dysvascular.html)

[http://www.amputee-coalition.org/fact\\_sheets/dysvascular.pdf](http://www.amputee-coalition.org/fact_sheets/dysvascular.pdf)

[http://www.amputee-coalition.org/spanish/fact\\_sheets/dysvascular.html](http://www.amputee-coalition.org/spanish/fact_sheets/dysvascular.html)

[http://www.amputee-coalition.org/spanish/fact\\_sheets/dysvascular.pdf](http://www.amputee-coalition.org/spanish/fact_sheets/dysvascular.pdf)

NLLIC/ACA Fact Sheet: *Wound Care: Preventing Infection* / NLLIC Staff. Revised 2004 ed. Knoxville, TN: Amputee Coalition of America, 2003. Any wound from amputation or other surgery is at risk of becoming infected. This risk stems from the open wound itself, which can allow germs or dirt to enter the bloodstream. Infections can cause pain, fever, redness, swelling, and tenderness. They can lead to further surgery or death if not treated properly. This fact sheet looks at how to take care of the residual limb after surgery.

[http://www.amputee-coalition.org/fact\\_sheets/woundcare.html](http://www.amputee-coalition.org/fact_sheets/woundcare.html)

[http://www.amputee-coalition.org/fact\\_sheets/woundcare.pdf](http://www.amputee-coalition.org/fact_sheets/woundcare.pdf)

[http://www.amputee-coalition.org/easyread/fact\\_sheets/woundcare-ez.html](http://www.amputee-coalition.org/easyread/fact_sheets/woundcare-ez.html)

[http://www.amputee-coalition.org/spanish/fact\\_sheets/woundcare-ez-spa.html](http://www.amputee-coalition.org/spanish/fact_sheets/woundcare-ez-spa.html)

[http://www.amputee-coalition.org/spanish/fact\\_sheets/woundcare-ez-spa.pdf](http://www.amputee-coalition.org/spanish/fact_sheets/woundcare-ez-spa.pdf)

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## Articles on Research, Including PubMed® Abstracts

**“Amputation as a Marker of the Quality of Foot Care in Diabetes”** / WJ Jeffcoate and WH van Houtum. Berlin: Springer-Verlag, 2004. *Diabetologia*. 2004 Dec; 47 (12):2051-8.

<http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?>

[cmd=Retrieve&db=pubmed&dopt=Abstract&list\\_uids=15662547](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=15662547)

**“Diabetic Children and Foot Care: Are We Heading in the Right Direction?”** / K. Bodimeade. Harrow-on-the-Hill, Middlesex: Scutari Projects Ltd., 2002. *Paediatric Nursing*. 2002 Oct; 14(8):20-2.

<http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?>

[cmd=Retrieve&db=PubMed&list\\_uids=12432613&dopt=Abstract](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&list_uids=12432613&dopt=Abstract)

**“The Fitting Of Amputated and Nonamputated Diabetic Feet. A French Experience at the Villiers-Saint-Denis Hospital”** / JC Dupre et al. Washington, DC: American Podiatric Medical Association, 2003. *Journal of the American Podiatric Medical Association*. 2003 May-June; 93(3):221-8.

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?  
cmd=Retrieve&db=pubmed&dopt=Abstract&list\\_uids=12756313](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=12756313)

**“Maggot Therapy for Treating Diabetic Foot Ulcers Unresponsive to Conventional Therapy”** / RA Sherman. Alexandria, VA: American Diabetes Association, 2003. *Diabetes Care*. 2003 Feb; 26(2):446-51.

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?  
cmd=Retrieve&db=pubmed&dopt=Abstract&list\\_uids=12547878](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=12547878)

**“Maggot Therapy in ‘Lower-Extremity Hospice’ Wound Care: Fewer Amputations and More Antibiotic-Free Days”** / DG Armstrong et al. Washington, DC: American Podiatric Medical Association, 2005. *Journal of the American Podiatric Medical Association*. 2005 May-June; 95(3):254-7.

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?  
cmd=Retrieve&db=pubmed&dopt=Abstract&list\\_uids=15901812](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=15901812)

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## Web Sites and Electronic Resources

American Academy of Wound Management: AAWM.org. Washington, DC: American Academy of Wound Management, 1995-. The American Academy of Wound Management is a national, multidisciplinary certifying board for healthcare professionals involved in wound care.

<http://www.aawm.org>

American Diabetes Association. Alexandria, VA: American Diabetes Association, [200]-. The American Diabetes Association is the nation's leading nonprofit health organization providing diabetes research, information and advocacy. The mission of the organization is to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

<http://www.diabetes.org>

American Podiatric Medical Association. Bethesda, MD: American Podiatric Medical Association, [19--]-. The primary mission of the APMA is to improve the quality of foot care in the United States.

<http://www.apma.org>

American Trauma Society. Upper Marlboro, MD: The American Trauma Society, [200]-. The American Trauma Society is a nationwide, nonprofit, voluntary organization dedicated to the prevention of trauma and improvement of trauma care.

<http://www.amtrauma.org>

Vascular Disease Foundation. Lakewood, CO: Vascular Disease Foundation, [200-]-. The VDF, a nonprofit organization, works to increase awareness for the prevention, diagnosis and management of vascular disease.

<http://www.vdf.org>

Wound Care Information Network . CyberGroup Development, Inc.[S.I.]: CyberGroup Development, Inc., 1995-. The Wound Care Information Network's Web site provides free and unbiased wound care information.

<http://www.medicaledu.com>

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